GENERAL SITUATION

Dr. Rochelle Walensky, director of the US Centers for Disease and Control and Prevention, announced today that the CDC released a new Covid-19 guidance for adult day service centers.

As the MTA is betting on people coming back into the office and using mass transit to get there, the agency announced restoration of F and C train service. Officials said getting the system back to 24-hour operation is essential. At the height of the pandemic, ridership was down to about 5%, but transit officials say it’s now up to about 31% and climbing.

New York Governor Andrew Cuomo announced that collegiate sports can bring fans back to the stands under strict state guidelines, beginning April 2. Intercollegiate sports at large-scale venues that hold more than 1,500 attendees indoors or 2,500 attendees outdoors can host up to 10 percent indoor or 20 percent outdoor capacity. All attendees must present proof of a recent negative COVID-19 test result or completed COVID-19 immunization prior to entry. Colleges and universities hosting spectators for sporting events at large-scale venues must notify and coordinate with their respective state or local health department, aligning with the state guidance for professional sports competitions with spectators.

New Jersey Governor Phil Murphy announced that the FEMA-run vaccination site at the New Jersey Institute of Technology opens to the public today. The site at the Naimoli Family Athletic and Recreational Center will have the capacity to vaccinate 6,000 people per day. He also added that that New Jersey is increasing the general outdoor gathering limit to 200 people effective Friday, 2 April. In addition, effective Friday, 2 April New Jersey State will:
- Lower threshold for venues to be considered a "large venue" from 5,000 to 2,500
- Capacity for indoor seating at large venues increases to 20%
- Capacity for outdoor seating at large venues increases to 30%

Governor Murphy announced that vaccination eligibility expanded again in New Jersey today. Please review the updated list via this link.

Governor Murphy also announced today that New Jersey has launched the beta version of the state’s new COVID-19 vaccine Appointment Finder. Murphy said appointments are still limited, but the new tool will take some of the stress out of the search.
Connecticut Governor Ned Lamont announced that all CT residents become eligible for the COVID-19 vaccine on Thursday, April 1. As of that date, the vaccine will be open to all residents age 16 and older. He added that priority access to the COVID-19 vaccine will be given to people ages 16 to 44 with specific medically high-risk conditions. He further noted that priority will also be given to those with "intellectual and developmental disabilities," and there will be dedicated clinics organized by the Department of Developmental Services.

The empty middle seat on airplanes, one of the few advantages of the pandemic, is about to disappear. Delta Air Lines, the last remaining US airline to keep middle seats unbooked, has lifted that prohibition as of May 1, as announced today. It is another sign of a rebound in demand for air travel and greater willingness of people to resume pre-pandemic activities.
NEW YORK STATE

How to renew your driver’s license in New York State. Click here.

Virtual Community Calendar - Virtual events, community info and more.

The Mayor of New York has set up the COVID-19 Emergency Relief Fund, with donations going to support healthcare workers and essential staff, local small businesses, displaced hourly workers, families, youth and vulnerable New Yorkers.

For a full list of NYC City Agency service updates see: https://www1.nyc.gov/nyc-resources/city-agency-service-updates.page

HEALTHCARE

How Do I Find a vaccination site in or near my NYC neighbourhood? You can find a COVID-19 vaccine site using the Vaccine Finder tool. The finder is designed to make the process easier for New Yorkers to find provider locations closest to their home and to schedule an appointment.


How to get vaccinated in New York State:
In New York State you can use the "Am I Eligible" app or https://am-i-eligible.covid19vaccine.health.ny.gov/ to check your eligibility and schedule an appointment. NY State also has a hotline to schedule a vaccine: 1-833-NYS-4VAX (1-833-697-4829).

How to get vaccinated in New York City:
In New York City you can visit www.nyc.gov/vaccinefinder to make an appointment for a vaccine online. The phone number to schedule a vaccine is 877-VAX-4NYC (1-833-697-4829).

Find a test site near you: click here

COVID-19 Diagnostic Testing, NYU Langone Health (results available within 1-2 days)

To refer your friends and family to this service please visit https://a858-nycnotify.nyc.gov/notifynyc/Home/ReferAFriend.

The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline health care workers: workers can text NYFRONTLINE to 741-741 to access these emotional support services.
MASS TRANSIT

The Subway has resumed regular service, though there is no service between 2 and 4 a.m.

Busses are running at regular service. Fare payment is now required on all busses and boarding will be through the front door.

LIRR to restore previous timetable by March 29

While ridership remains lower than normal levels, the MTA is encouraging riders to avoid the rush-hour commute if they can. See COVID-19 updates here.

NYC Ferry: https://www.ferry.nyc/

NY Department of Motor Vehicles (transactions and services impacted by COVID-19): https://dmv.ny.gov/offices

NY Department of Motor Vehicles (online transactions): https://dmv.ny.gov/more-info/all-online-transactions
NEW JERSEY

For updated information on the New Jersey Motor Vehicle Commission’s Licensing Centers and Vehicle Centers please click here. Most renewals, replacements, changes of address, and other transactions can be processed online.

See N.J. reopening guides here.

HEALTHCARE


How to get vaccinated in New Jersey:
You can reserve your spot to get a vaccine now by pre-registering at https://covidvaccine.nj.gov/. The site asks questions to determine when you are eligible to receive a vaccination.

This is the New Jersey COVID-19 information hub.

For more information on COVID-19 in NJ: https://www.nj.gov/health/cd/topics/ncov.shtml

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19: https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/

MASS TRANSIT

New Jersey Transit has resumed normal service, with increased vehicle frequency where possible to reduce occupancy. Please view more details here.

Please visit the NJ Transit website for specific schedule information.
CONNECTICUT


For more information on COVID-19 in CT: https://portal.ct.gov/Coronavirus

For information on the Connecticut Department of Motor Vehicles click here. Most Driver’s Licences, ID cards and vehicle registrations have been extended through December 2020.

HEALTHCARE UPDATES

CVS Pharmacy is beginning vaccinations this week at two Connecticut locations, according to the company. CVS locations in Putnam and Waterford are now accepting appointments for eligible Phase 1b residents, including people ages 75 and over and long-term care residents and staff, its website states.


All COVID-19 testing sites in Connecticut: https://www.211ct.org/search/67201508

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If you are displaying symptoms consistent with those of COVID-19, and are unable to get into contact with your primary care physician, please reach out to one of the following hotlines: Hartford Healthcare Hotline: (860) 972-8100 Yale New Haven Health: (833) 484-1200 Bristol Hospital Coronavirus Info Line: (860) 261-6855 Stamford Health: (203) 276-4111

MASS TRANSIT

Amtrak and commuter trains through eastern Connecticut: https://www.visitconnecticut.com/state/train-information/


Metro-North: http://www.mta.info/mnr
PENNSYLVANIA

For updated information on COVID-19 from the State government, [click here](https://www.pa.gov/guides/get-vaccinated/).

PA residents are encouraged to download the [COVID Alert PA app](https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx).

HEALTHCARE UPDATES


Testing sites in Pennsylvania can be found [here](https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx).

For more information on COVID-19 in PA: [https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/](https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/)

MASS TRANSIT

Amtrak to Philadelphia: [https://amtrakguide.com(directions/amtrak-to-philadelphia/](https://amtrakguide.com(directions/amtrak-to-philadelphia/)

Bus service from/to Philadelphia to NYC and from NYC to Philadelphia: [https://us.megabus.com(route-guides/philadelphia-to-new-york-bus](https://us.megabus.com(route-guides/philadelphia-to-new-york-bus)
DISTRICT OF COLUMBIA (Washington, D.C.)

The District of Columbia is currently in Phase 2 of the ReOpen DC plan.

Indoor dining is now allowed in Washington, D.C. up to 25% capacity.

Department of Motor Vehicles: make an appointment at dmv.dc.gov.

HEALTHCARE UPDATES

COVID-19 Vaccine: District Health Department website vaccinate.dc.gov.

How to Book a COVID-19 Vaccine appointment in DC, Maryland and Virginia.

All testing sites in Washington, D.C.: https://coronavirus.dc.gov/testing

FOOD RESOURCES

Residents that are homebound because of COVID-19 can request support from the District for food and other essential items. Call 1-888-349-8323 or click here

- Aldi
  - Special hours for seniors and immunocompromised: Tuesdays and Thursdays 7:30 - 8:30 am
- Dollar General
  - Special hours for seniors: 8 am - 9 am daily
- Family Dollar
  - Special hours dedicated to at-risk customers, including senior citizens, individuals with pre-existing health conditions, and pregnant women: 8 am - 9 am daily
- Giant
  - Special hours for individuals with compromised immune systems (regardless of age), senior citizens, as well as caregivers: 6 am. - 7 am daily
- Harris Teeter
  - Special hours dedicated to seniors: Mondays and Thursdays 6 - 8 am
  - ExpressLane Online Shopping for Seniors 9 am – 2 pm for seniors on Thursdays, free pickup (SD60) for Seniors, $5 delivery for Seniors (SDDEL), in addition to regular 5% Senior club discount every Thursday.
- Safeway
  - Special hours for seniors, expecting mothers, and immune-compromised individuals: 7 am - 9 am Tuesdays and Thursdays
- Target
  - Special hours for seniors, pregnant women, and those defined by the CDC as vulnerable or at-risk: first hour, each Tuesday and Wednesday
Trader Joe’s
• Special hours for those 60+ and customers needing extra assistance: 8 am - 9 am

Walmart
• Special hours for seniors and at-risk populations: 6 am - 7 am daily

Whole Foods
• Special hours for those 60+: 7 am - 8 am daily

TRAVEL

Amtrak (updates during COVID-19):
https://www.amtrak.com/coronavirus?intcmp=wsp_hp-hero_link_service-updates_frame1

Travel Advisories: The U.S. Department of State Travel Advisories:
https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/

Country Specific Information from the U.S. Dep. of State:

Flight / hotel / cruise reservations change and cancellation policies: (scroll down)

Most airlines in the US have stopped blocking the middle seat to provide distancing between passengers, and some have reverted to booking planes to capacity. See more details here.