GENERAL SITUATION

New York Governor Andrew Cuomo announced the launch of a new health training program for citizens so they are informed and educated for future health emergencies. Enrollment for the free program opens today and it starts April 30.

New York City Mayor Bill de Blasio announced that public school students who are learning all remotely have another chance to get back into the classroom. The enrollment period for in-person learning begins today and ends April 7. This comes after the CDC released new guidelines for reopening schools, allowing elementary students to be spaced three feet apart, while wearing masks, instead of six feet.

Mayor de Blasio announced that he plans to start bringing thousands of city workers back to their offices in May. He said that it is another step forward in the road to recovery in New York.

Long Island (Nassau County): As more supply becomes available, COVID-19 vaccination efforts are ramping up across the Tri-State Area. A new distribution site opened at Nassau Veterans Memorial Coliseum in Uniondale. The site will begin administering vaccines to more than 1,000 people this week and open six days a week.

New Jersey Governor Phil Murphy announced that the state is releasing revised guidance for local health departments on K-12 in-class operations. The state is following New York’s move after the CDC announcement that reduces guidance on distancing in elementary schools from six feet to three feet. New Jersey health officials will release revised guidance for local departments on K-12 in-class operations. He added that “if masking and frequent hand washing can be maintained by students, educators, and support staff in a classroom, then full-time, in-person instruction can begin with the distance between students within that classroom reduced to three feet”.

Governor Murphy announced that New Jersey’s schools will return to full in-person classes for the next school year and districts will not be allowed to offer virtual learning even for parents who want that option.

Newark, NJ Public Schools announced a partnership to provide pooled SARS-CoV-2 testing. As part of Newark's planned return to in-person learning on April 12, the district will be implementing weekly testing of students, teachers and staff at local PK-12 schools, beginning with a pilot program at New Jersey Regional Day. Other schools in the district will begin testing when they resume hybrid in-person instruction on April 12, 2021.
NEW YORK STATE

How to renew your driver’s license in New York State. Click here.

Virtual Community Calendar - Virtual events, community info and more.

The Mayor of New York has set up the COVID-19 Emergency Relief Fund, with donations going to support healthcare workers and essential staff, local small businesses, displaced hourly workers, families, youth and vulnerable New Yorkers.

For a full list of NYC City Agency service updates see: https://www1.nyc.gov/nyc-resources/city-agency-service-updates.page

HEALTHCARE

How Do I Find a vaccination site in or near my NYC neighbourhood? You can find a COVID-19 vaccine site using the Vaccine Finder tool. The finder is designed to make the process easier for New Yorkers to find provider locations closest to their home and to schedule an appointment.


**How to get vaccinated in New York State:**
In New York State you can use the "Am I Eligible" app or https://am-i-eligible.covid19vaccine.health.ny.gov/ to check your eligibility and schedule an appointment. NY State also has a hotline to schedule a vaccine: 1-833-NYS-4VAX (1-833-697-4829).

**How to get vaccinated in New York City:**
In New York City you can visit www.nyc.gov/vaccinefinder to make an appointment for a vaccine online. The phone number to schedule a vaccine is 877-VAX-4NYC (1-833-697-4829).

Find a test site near you: click here

COVID-19 Diagnostic Testing, NYU Langone Health (results available within 1-2 days)

To refer your friends and family to this service please visit https://a858-nycnotify.nyc.gov/notifynyc/Home/ReferAFriend.

The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline health care workers: workers can text NYFRONTLINE to 741-741 to access these emotional support services.
MASS TRANSIT

The Subway has resumed regular service, though there is no service between 2 and 4 a.m.

Buses are running at regular service. Fare payment is now required on all buses and boarding will be through the front door.

***LIRR to [restore previous timetable by March 29](https://new.mta.info/accessibility/paratransit)

While ridership remains lower than normal levels, the MTA is encouraging riders to avoid the rush-hour commute if they can. See COVID-19 updates [here](https://new.mta.info/accessibility/paratransit).

Access-A-Ride: [https://new.mta.info/accessibility/paratransit](https://new.mta.info/accessibility/paratransit)
NYC Ferry: [https://www.ferry.nyc/](https://www.ferry.nyc/)

NY Department of Motor Vehicles (transactions and services impacted by COVID-19):
[https://dmv.ny.gov/offices](https://dmv.ny.gov/offices)

NY Department of Motor Vehicles (online transactions):
[https://dmv.ny.gov/more-info/all-online-transactions](https://dmv.ny.gov/more-info/all-online-transactions)
NEW JERSEY

For updated information on the New Jersey Motor Vehicle Commission’s Licensing Centers and Vehicle Centers please [click here](#). Most renewals, replacements, changes of address, and other transactions can be processed online.

See N.J. reopening guides [here](#).

HEALTHCARE


**How to get vaccinated in New Jersey:**

You can reserve your spot to get a vaccine now by pre-registering at [https://covidvaccine.nj.gov/](https://covidvaccine.nj.gov/). The site asks questions to determine when you are eligible to receive a vaccination.

This is the New Jersey COVID-19 [information hub](#).

For more information on COVID-19 in NJ: [https://www.nj.gov/health/cd/topics/ncov.shtml](https://www.nj.gov/health/cd/topics/ncov.shtml)

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19: [https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/](https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/)

MASS TRANSIT

New Jersey Transit has resumed normal service, with increased vehicle frequency where possible to reduce occupancy. Please [view more details here](#).

Please visit the [NJ Transit website](#) for specific schedule information.
CONNECTICUT


For more information on COVID-19 in CT: https://portal.ct.gov/Coronavirus

For information on the Connecticut Department of Motor Vehicles click here. Most Driver’s Licences, ID cards and vehicle registrations have been extended through December 2020.

HEALTHCARE UPDATES

CVS Pharmacy is beginning vaccinations this week at two Connecticut locations, according to the company. CVS locations in Putnam and Waterford are now accepting appointments for eligible Phase 1b residents, including people ages 75 and over and long-term care residents and staff, its website states.


All COVID-19 testing sites in Connecticut: https://www.211ct.org/search/67201508

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19: https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/

If you are displaying symptoms consistent with those of COVID-19, and are unable to get into contact with your primary care physician, please reach out to one of the following hotlines:
Hartford Healthcare Hotline: (860) 972-8100
Yale New Haven Health: (833) 484-1200
Bristol Hospital Coronavirus Info Line: (860) 261-6855
Stamford Health: (203) 276-4111

MASS TRANSIT

Amtrak and commuter trains through eastern Connecticut: https://www.visitconnecticut.com/state/train-information/

Bus services Hartford, CT/NYC/Hartford, CT:
Metro-North: http://www.mta.info/mnr
PENNSYLVANIA

For updated information on COVID-19 from the State government, click here.

PA residents are encouraged to download the COVID Alert PA app.

HEALTHCARE UPDATES


Testing sites in Pennsylvania can be found here.

For more information on COVID-19 in PA:
https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19:
https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/

MASS TRANSIT

Amtrak to Philadelphia:
https://amtrakguide.com/directions/amtrak-to-philadelphia/

Bus service from/to Philadelphia to NYC and from NYC to Philadelphia:
https://us.megabus.com/route-guides/philadelphia-to-new-york-bus
DISTRICT OF COLUMBIA (Washington, D.C.)

The District of Columbia is currently in Phase 2 of the ReOpen DC plan.

Indoor dining is now allowed in Washington, D.C. up to 25% capacity.

Department of Motor Vehicles: make an appointment at dmv.dc.gov.

HEALTHCARE UPDATES

COVID-19 Vaccine: District Health Department website vaccinate.dc.gov.

How to Book a COVID-19 Vaccine appointment in DC, Maryland and Virginia.

All testing sites in Washington, D.C.: https://coronavirus.dc.gov/testing

FOOD RESOURCES

Residents that are homebound because of COVID-19 can request support from the District for food and other essential items. Call 1-888-349-8323 or click here

- Aldi
  - Special hours for seniors and immunocompromised: Tuesdays and Thursdays 7:30 - 8:30 am
- Dollar General
  - Special hours for seniors: 8 am - 9 am daily
- Family Dollar
  - Special hours dedicated to at-risk customers, including senior citizens, individuals with pre-existing health conditions, and pregnant women: 8 am - 9 am daily
- Giant
  - Special hours for individuals with compromised immune systems (regardless of age), senior citizens, as well as caregivers: 6 am. - 7 am daily
- Harris Teeter
  - Special hours dedicated to seniors: Mondays and Thursdays 6 - 8 am
  - ExpressLane Online Shopping for Seniors 9 am – 2 pm for seniors on Thursdays, free pickup (SD60) for Seniors, $5 delivery for Seniors (SDDEL), in addition to regular 5% Senior club discount every Thursday.
- Safeway
  - Special hours for seniors, expecting mothers, and immune-compromised individuals: 7 am - 9 am Tuesdays and Thursdays
- Target
  - Special hours for seniors, pregnant women, and those defined by the CDC as vulnerable or at-risk: first hour, each Tuesday and Wednesday
Trader Joe’s
- Special hours for those 60+ and customers needing extra assistance: 8 am - 9 am
- Special hours for seniors and at-risk populations: 6 am - 7 am daily
- Special hours for those 60+: 7 am - 8 am daily

TRAVEL

Amtrak (updates during COVID-19):
https://www.amtrak.com/coronavirus?intcmp=wsp_hp-hero_link_service-updates_frame1

Travel Advisories: The U.S. Department of State Travel Advisories:
https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/

Country Specific Information from the U.S. Dep. of State:

Flight / hotel / cruise reservations change and cancellation policies: (scroll down)

Most airlines in the US have stopped blocking the middle seat to provide distancing between passengers, and some have reverted to booking planes to capacity. See more details here.