GENERAL SITUATION

New guidelines from the US Centers for Disease Control and Prevention state that people who are fully vaccinated against Covid-19 can safely visit with other vaccinated people and small groups of unvaccinated people in some circumstances, but there are still important safety precautions needed. The CDC defines people who are fully vaccinated as those who are two weeks past their second dose of the Moderna and Pfizer Covid-19 vaccines or two weeks past a single dose of the Johnson & Johnson vaccine. There is growing evidence that people who are vaccinated don't spread Covid-19, but scientists are still trying to understand how long vaccine protection lasts.

New York Gov. Andrew Cuomo announced that indoor dining can expand in some parts of the state. Beginning March 19, restaurants outside New York City can begin operating at 75% capacity. Masks will still be required when not seated and tables must remain socially distanced.

Gov. Cuomo announced Monday that, as the federal vaccine supply continues to increase, New York will establish 10 additional state-run mass vaccination sites.

New York City Mayor Bill de Blasio announced today that New York City's public high schools will reopen for in-person learning on March 22. The final group of the largest school district in the country to be welcomed back to school buildings. There are about 55,000 students in grades 9-12 and 17,000 staff members returning, according to the department. The students returning had previously opted for in-person learning. All of the city's 488 high schools will reopen, and about half of them will have all or most of their students in class five days a week.

Jersey City Mayor Steven Fulop announced that beginning March 15, the city will dedicate the full allotment of vaccines directly to the 4,700 teachers and staff within the Jersey City Public School System in order to safely return the nearly 30,000 students to full-time in-person learning. The school vaccination program allows for classrooms citywide to reopen in-person learning beginning April 22, with social distancing and all other COVID-19 protocols strictly followed throughout all school buildings.

Connecticut Gov. Ned Lamont announced that Connecticut's COVID-19 travel advisory, which long required travelers quarantine or test negative after traveling to or from coronavirus hotspot states, will become recommended guidance on March 19, instead of a requirement.
NEW YORK STATE

How to renew your driver’s license in New York State. [Click here].

Virtual Community Calendar - Virtual events, community info and more.

The Mayor of New York has set up the COVID-19 Emergency Relief Fund, with donations going to support healthcare workers and essential staff, local small businesses, displaced hourly workers, families, youth and vulnerable New Yorkers.

For a full list of NYC City Agency service updates see: https://www1.nyc.gov/nyc-resources/city-agency-service-updates.page

HEALTHCARE

How Do I Find a vaccination site in or near my NYC neighbourhood? You can find a COVID-19 vaccine site using the Vaccine Finder tool. The finder is designed to make the process easier for New Yorkers to find provider locations closest to their home and to schedule an appointment.


How to get vaccinated in New York State:
In New York State you can use the "Am I Eligible" app or https://am-i-eligible.covid19vaccine.health.ny.gov/ to check your eligibility and schedule an appointment. NY State also has a hotline to schedule a vaccine: 1-833-NYS-4VAX (1-833-697-4829).

How to get vaccinated in New York City:
In New York City you can visit www.nyc.gov/vaccinefinder to make an appointment for a vaccine online. The phone number to schedule a vaccine is 877-VAX-4NYC (1-833-697-4829).

Find a test site near you: [click here]

COVID-19 Diagnostic Testing, NYU Langone Health (results available within 1-2 days)

To refer your friends and family to this service please visit https://a858-nycnotify.nyc.gov/notifynyc/Home/ReferAFriend.

The state is partnering with the Kate Spade New York Foundation and Crisis Text Line to provide a 24/7 emotional support service for frontline health care workers: workers can text NYFRONTLINE to 741-741 to access these emotional support services.
MASS TRANSIT

The Subway has resumed regular service, though there is no service between 2 and 4 a.m.

Busses are running at regular service. Fare payment is now required on all busses and boarding will be through the front door.

Off-peak fares remain in effect on LIRR and MetroNorth.

While ridership remains lower than normal levels, the MTA is encouraging riders to avoid the rush-hour commute if they can. See COVID-19 updates here.


NYC Ferry: https://www.ferry.nyc/

NY Department of Motor Vehicles (transactions and services impacted by COVID-19): https://dmv.ny.gov/offices

NY Department of Motor Vehicles (online transactions): https://dmv.ny.gov/more-info/all-online-transactions
NEW JERSEY

For updated information on the New Jersey Motor Vehicle Commission’s Licensing Centers and Vehicle Centers please click here. Most renewals, replacements, changes of address, and other transactions can be processed online.

See N.J. reopening guides here.

HEALTHCARE


How to get vaccinated in New Jersey:
You can reserve your spot to get a vaccine now by pre-registering at https://covidvaccine.nj.gov/. The site asks questions to determine when you are eligible to receive a vaccination.

This is the New Jersey COVID-19 information hub.

For more information on COVID-19 in NJ: https://www.nj.gov/health/cd/topics/ncov.shtml

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19: https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/

MASS TRANSIT

New Jersey Transit has resumed normal service, with increased vehicle frequency where possible to reduce occupancy. Please view more details here.

Please visit the NJ Transit website for specific schedule information.
CONNECTICUT


For more information on COVID-19 in CT: https://portal.ct.gov/Coronavirus

For information on the Connecticut Department of Motor Vehicles click here. Most Driver’s Licences, ID cards and vehicle registrations have been extended through December 2020.

HEALTHCARE UPDATES

CVS Pharmacy is beginning vaccinations this week at two Connecticut locations, according to the company. CVS locations in Putnam and Waterford are now accepting appointments for eligible Phase 1b residents, including people ages 75 and over and long-term care residents and staff, its website states.


All COVID-19 testing sites in Connecticut: https://www.211ct.org/search/67201508

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If you are displaying symptoms consistent with those of COVID-19, and are unable to get into contact with your primary care physician, please reach out to one of the following hotlines:
Hartford Healthcare Hotline: (860) 972-8100
Yale New Haven Health: (833) 484-1200
Bristol Hospital Coronavirus Info Line: (860) 261-6855
Stamford Health: (203) 276-4111

MASS TRANSIT

Amtrak and commuter trains through eastern Connecticut: https://www.visitconnecticut.com/state/train-information/

Metro-North: http://www.mta.info/mnr
PENNSYLVANIA

For updated information on COVID-19 from the State government, click here.

PA residents are encouraged to download the COVID Alert PA app.

HEALTHCARE UPDATES


Testing sites in Pennsylvania can be found here.

For more information on COVID-19 in PA: https://www.health.pa.gov/topics/disease/coronavirus/Pages/Coronavirus.aspx

The following link lists most of the healthcare providers in the United States and their actions in relation to COVID-19: https://www.ahip.org/health-insurance-providers-respond-to-coronavirus-covid-19/

MASS TRANSIT

Amtrak to Philadelphia: https://amtrakguide.com/directions/amtrak-to-philadelphia/

Bus service from/to Philadelphia to NYC and from NYC to Philadelphia: https://us.megabus.com/route-guides/philadelphia-to-new-york-bus
DISTRICT OF COLUMBIA (Washington, D.C.)

The District of Columbia is currently in Phase 2 of the ReOpen DC plan.

Indoor dining is now allowed in Washington, D.C. up to 25% capacity.

Department of Motor Vehicles: make an appointment at dmv.dc.gov.

HEALTHCARE UPDATES

COVID-19 Vaccine: District Health Department website vaccinate.dc.gov.

How to Book a COVID-19 Vaccine appointment in DC, Maryland and Virginia.

All testing sites in Washington, D.C.: https://coronavirus.dc.gov/testing

FOOD RESOURCES

Residents that are homebound because of COVID-19 can request support from the District for food and other essential items. Call 1-888-349-8323 or click here

Aldi
• Special hours for seniors and immunocompromised: Tuesdays and Thursdays 7:30 - 8:30 am

Dollar General
• Special hours for seniors: 8 am - 9 am daily

Family Dollar
• Special hours dedicated to at-risk customers, including senior citizens, individuals with pre-existing health conditions, and pregnant women: 8 am - 9 am daily

Giant
• Special hours for individuals with compromised immune systems (regardless of age), senior citizens, as well as caregivers: 6 am. - 7 am daily

Harris Teeter
• Special hours dedicated to seniors: Mondays and Thursdays 6 - 8 am
• ExpressLane Online Shopping for Seniors 9 am – 2 pm for seniors on Thursdays, free pickup (SD60) for Seniors, $5 delivery for Seniors (SDDEL), in addition to regular 5% Senior club discount every Thursday.

Safeway
• Special hours for seniors, expecting mothers, and immune-compromised individuals: 7 am - 9 am Tuesdays and Thursdays

Target
• Special hours for seniors, pregnant women, and those defined by the CDC as vulnerable or at-risk: first hour, each Tuesday and Wednesday
Trader Joe’s
• Special hours for those 60+ and customers needing extra assistance: 8 am - 9 am
Walmart
• Special hours for seniors and at-risk populations: 6 am - 7 am daily
Whole Foods
• Special hours for those 60+: 7 am - 8 am daily

TRAVEL

Amtrak (updates during COVID-19):
https://www.amtrak.com/coronavirus?intcmp=wsp_hp-hero_link_service-updates_frame1

Travel Advisories: The U.S. Department of State Travel Advisories:
https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html/

Country Specific Information from the U.S. Dep. of State:

Flight / hotel / cruise reservations change and cancellation policies: (scroll down)

Most airlines in the US have stopped blocking the middle seat to provide distancing between passengers, and some have reverted to booking planes to capacity. See more details here.